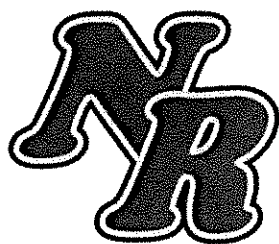


NRMS 7 & 8 Grade Volleyball Program

Contact Coach – Heidi Balicki, Heidi.balicki@northroyaltonsd.org



NORTH ROYALTON MIDDLE
SCHOOL VOLLEYBALL
INFORMATION

To be put on summer mailing list for updates Contact
Marc Masters at marc.masters@outlook.com

Go to <https://northroyaltonathletics.com/> for the most updated
information about volleyball programs
(Fall Sports tab under volleyball for 7th or 8th grade)

BE PREPARED! Fill out all forms on the Final Forms Website ASAP!
<https://northroyalton-oh.finalforms.com/>

2022 - 2023 - TENTATIVE CALENDAR
for June through October - see hard copy
TENTATIVE VOLLEYBALL SCHEDULE CLICK HERE

1. **Bear Camp - July 13-14 - 15** - Sign up for Bear Camp by June 30th - [link](#)
2. **Summer Open Gyms with Coach Masters - Enter by NR logo at high school**
 - **YOU MUST HAVE A UPDATED PHYSICAL FORM TO PARTICIPATE!**
 - **Give to Coach Masters**
Times TBA - Usually on Tuesdays

Middle School OPEN GYM - HIGH SCHOOL GYM 2

- o July 27th - 28th - 3-5 for both 7th and 8th grade

Continued....

Follow us on our new twitter account: @NoRoVolleyball

NRMS 7 & 8 Grade Volleyball Program

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3. Volleyball Team Try-Outs - HIGH SCHOOL GYM 1

YOU MUST HAVE PAPERWORK IN FINAL FORMS UPDATED TO TRY OUT FOR THE TEAM! NO EXCEPTIONS!!

- August 1st - August 2nd
- 8th -8:30 - 10:30
- 7th- 11 - 1
- Please bring a water bottle, appropriate gym shoes, and knee pads for try-outs – the gym is very warm in the summer – please be prepared.
- ****Always eat breakfast/ lunch/ food before you come to practice.**

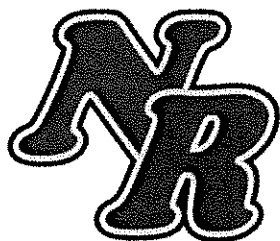
4. Volleyball Camps Summer 2022 -

Here is a list of camps- Dates and Costs that you can sign up for

- **Links to Camps and General Information - [click Here](#) - Coach Masters will post**

NRMS Volleyball Team Quick Facts

- Middle school teams typically have 14-16 players on each team
- We practice EVERYDAY starting August 4th (Not on the weekends)
- If you have a vacation planned in August, missing practice time will affect your playing time in the beginning of the season for scrimmages and possibly into the first matches
- Once school begins, our practice times change to right after school for 2 hours (you will receive a practice and game calendar for all events)
 - You will be issued several items as a part of the team and they are your responsibility – there will be a cost to replacing them if they are lost
 - Games are usually on Mondays and Thursdays starting at 4:30 pm



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